

california poppies

FINISHED QUILT: 16" × 20"



Designed and made by Sylvia Pippen



Poppies cover the green hills of the Golden State and are one of my favorite wildflowers.

This quilt is bordered in an oval frame and could be used as a centerpiece for a quilt, pillow, or handbag.



Poppy fabric
(also used in *Bamboo Garden*, page 52)

materials

Yardage based on 42"-wide fabric.

See Fabrics for Appliqué (page 20). Avoid batiks with a high thread count for the background, because it is difficult to pull heavy Sashiko thread through batik fabric.

- ½ yard dark solid for background
- ⅝ yard orange-purple batik for border
- ½ yard mottled brown-orange batik for bias inner border
- ⅓ yard or scraps of streaked white-yellow-orange for poppies
- Scraps of dark brown-orange for buds
- ¾ yard cotton for backing and facings
- 20" × 24" piece of low-loft batting
- White design transfer paper
- Japanese Sashiko needle or any sharp needle with a big eye
- 1 skein white Sashiko thread or #5 perle cotton
- 6-strand cotton embroidery thread—black, gold, yellow
- Chalk pencil
- Thread for machine or hand quilting

cutting

All measurements include ¼" seam allowances.

Dark solid fabric:

14" × 17" for the background

Orange-purple batik:

1 rectangle 19" × 23" for the outer border

Brown-orange batik:

1 bias-cut strip 1" × 40" for the inner border

Backing and facings fabric:

20" × 24" rectangle for the backing

2 strips 2½" × 20½" for side facings

1 strip 2½" × 17" for bottom facing

1 strip 5" × 18" for top facing/sleeve

note

The project instructions are written for hand appliqué. For fusible machine appliqué, reverse the appliqué patterns, trace them onto the paper side of fusible adhesive, and fuse. Do not add the turn-under allowances.

transferring the design

Center the California Poppies pattern (page 4 of the pullout) on the dark background and transfer the design (see *Marking the Design*, page 12). Do not transfer the oval.

appliqués

PREPARING

Choose your favorite technique from the *Appliqué Methods* (page 14).

Using the patterns on page 4 of the pullout, prepare and cut out pieces 1–12. Add a $\frac{3}{16}$ – $\frac{1}{4}$ " turn-under allowance for hand appliqué.

APPLIQUÉING

1. Appliqué poppy petals 1–4 and 5–8 and buds 9–10 and 11–12 in order onto the dark solid background.
2. Press from the wrong side.

embroidery embellishment

Using the pattern on the pullout as a guide, mark the centers of the poppies with a chalk pencil. With one strand of black floss, stem stitch the center of poppy 1–4. Stem stitch the stamens of both poppies in gold. Add a bright yellow French knot at the end of each stamen.

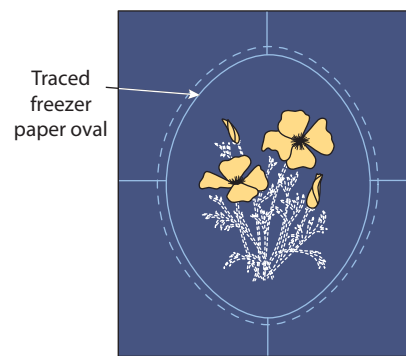
sashiko

See *Sashiko* (page 7) to work the poppy stems and leaves in Sashiko.

adding the oval border

PREPARING THE APPLIQUÉD BACKGROUND

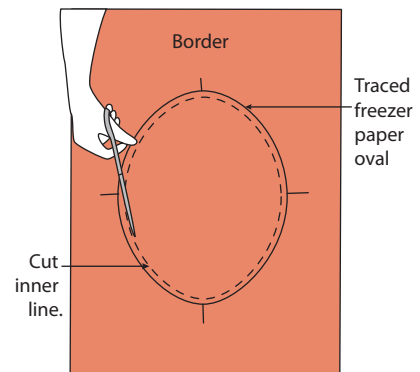
1. Fold the appliquéd fabric in half lengthwise and then in half crosswise; lightly press the creases. The creases form registration marks for the center of the top, bottom, and sides.
2. Trace the pattern oval (pullout page 4) onto freezer paper and fold in half lengthwise and then in half crosswise. With a pencil, mark the center of the top, bottom, and sides.
3. Cut out the freezer paper oval (oval template).
4. Place the oval template shiny side down on top of the appliquéd piece, lining up the marks and creases to center the oval. Lightly iron and pin in place.
5. Use a chalk pencil to trace around the freezer paper oval. Remove the freezer paper.
6. With a ruler and a chalk pencil, measure and mark small dashes $\frac{1}{4}$ " outside of the traced oval. This will be the cutting line. Do not cut. Set aside.



Background

PREPARING THE BORDER FABRIC

1. Fold the border fabric in half lengthwise and then in half crosswise; lightly press the creases. Open and place the freezer paper oval template shiny side down on the right side of the border fabric, lining up the marks and creases to center the oval. Pin and iron in place.
2. With a chalk pencil, mark the creases at the center top, bottom, and sides outside the oval. Trace around the oval and remove the freezer paper.
3. Measure $\frac{1}{4}$ " all around the *inside* of the traced oval and mark with dashes. Carefully cut out this smaller inner oval from the border fabric.

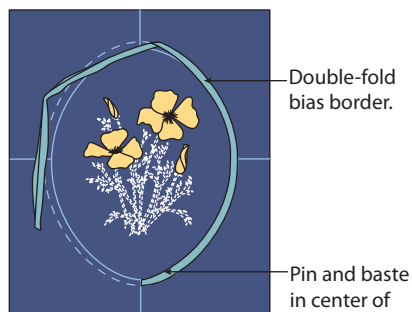


Cut out small inner oval.

ADDING THE INNER BORDER

1. Iron the 1" bias strip in half lengthwise, wrong sides together, to form a $\frac{1}{2}$ "-wide double-fold bias strip.
2. Place the bias inner border strip on the appliquéd piece with the folded edge toward the appliqué, and line up the raw edges with the dashed outer oval. Pin the inner border in place, starting at the bottom center of the oval. Hand baste and machine stitch $\frac{1}{4}$ " from

the raw edge. Fold back the raw edges so the 2 ends meet at the bottom.



Lay raw edges of bias strip on dashed outer oval.

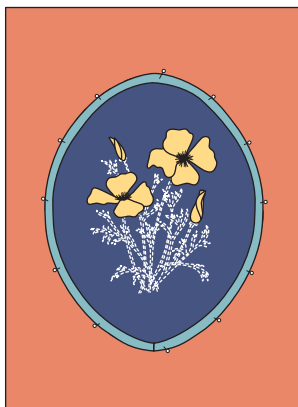
3. With a chalk pencil, mark the top, bottom, and side registration marks on the inner border.

ADDING THE OUTER BORDER

1. Place the outer border face up onto the appliquéd background with the inner border attached. Line up all registration marks.

2. Pin in place around the oval, turning under $\frac{1}{4}$ " of the outer border fabric to just cover the machine stitching line in the center of the inner border and exposing $\frac{1}{4}$ " of the inner border.

3. Appliqué the outer border in place.



Turn under $\frac{1}{4}$ " on outer border fabric and line up with machine stitching line. Appliqué in place.

TRIMMING THE BACKGROUND FABRIC

1. Turn the quilt top to the wrong side. Trim the excess appliquéd background $\frac{1}{4}$ " outside the oval on the dashed lines.

2. Press the seams toward the outside.

finishing

Refer to *Finishing Techniques* (page 32).

1. Layer and baste the quilt.

2. With quilting thread that matches the background, quilt around all the appliquéd flowers and buds and around the perimeter of the Sashiko, right next to the Sashiko stitches.

3. Square up and trim the quilt to $16\frac{1}{2}$ " \times $20\frac{1}{2}$ ".

Refer to *Binding and Facing* (page 33).

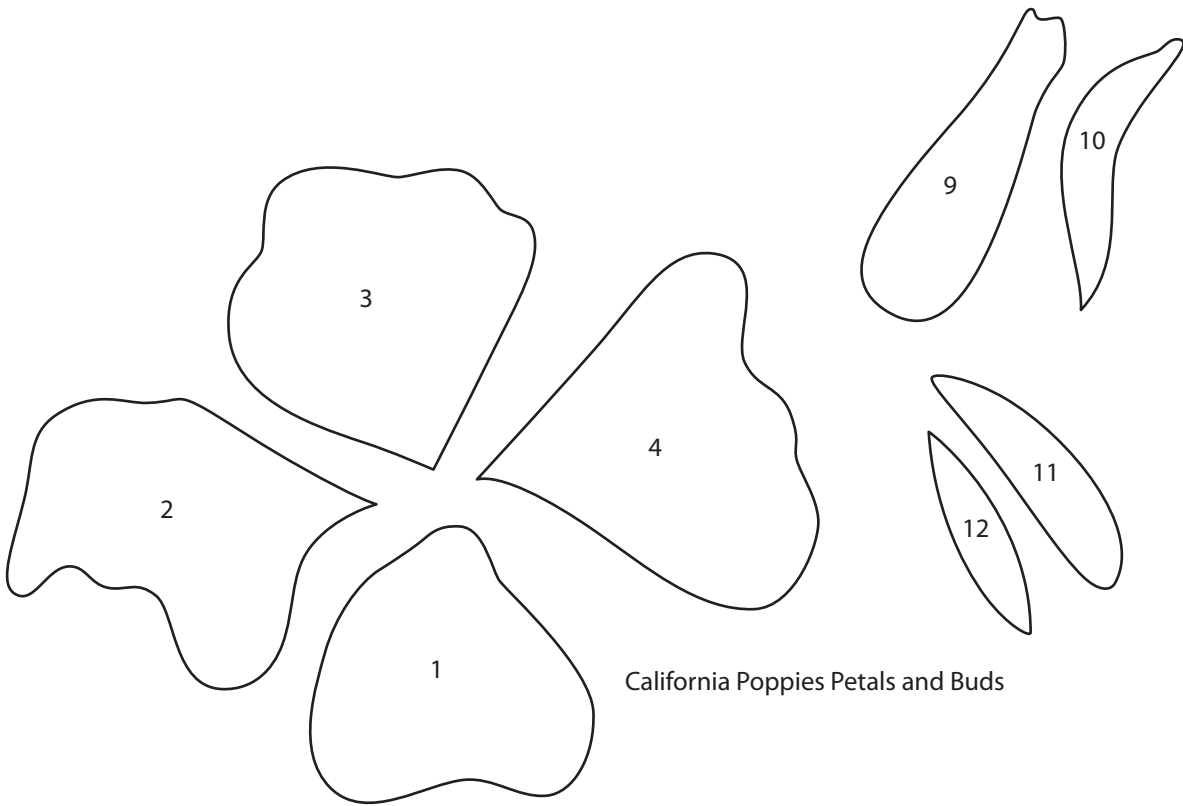
4. Use the $2\frac{1}{2}$ " \times $20\frac{1}{2}$ " strips to face the sides of the quilt.

5. Use the $2\frac{1}{2}$ " \times 17" strip to face the bottom edge of quilt.

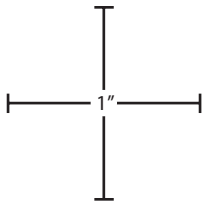
6. Use the 5" \times 18" strip to face the top edge and to complete the sleeve.



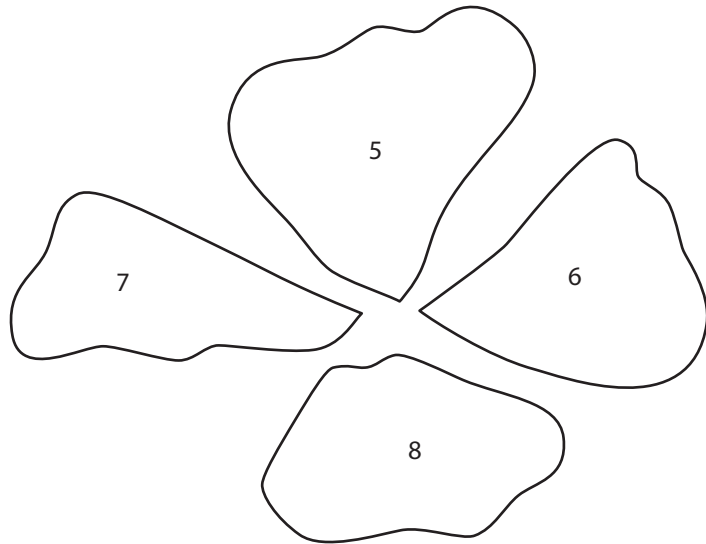
Poppies and lupine from *Wildflowers and Sashiko* (page 46).



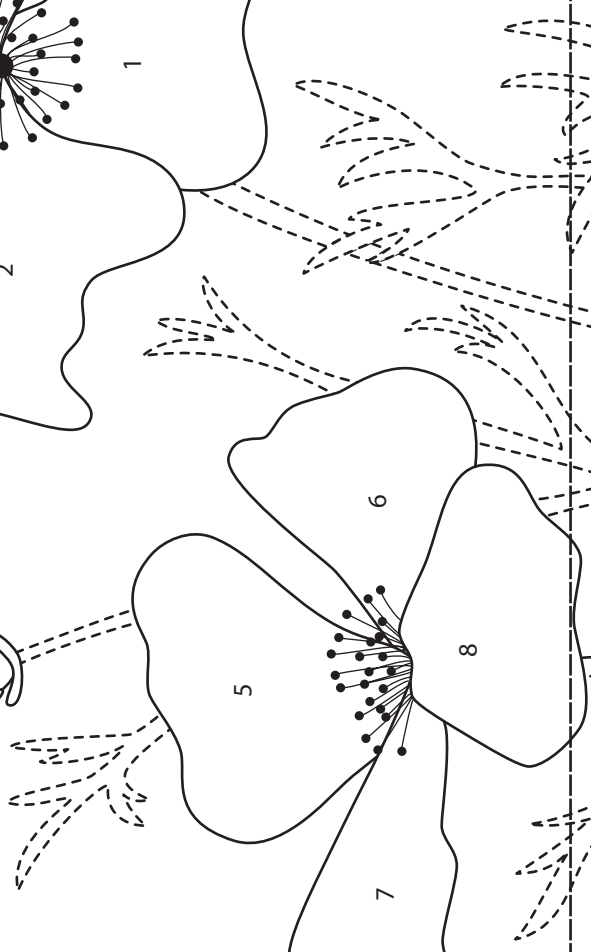
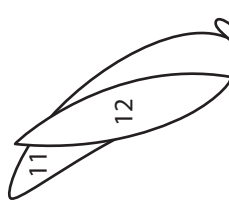
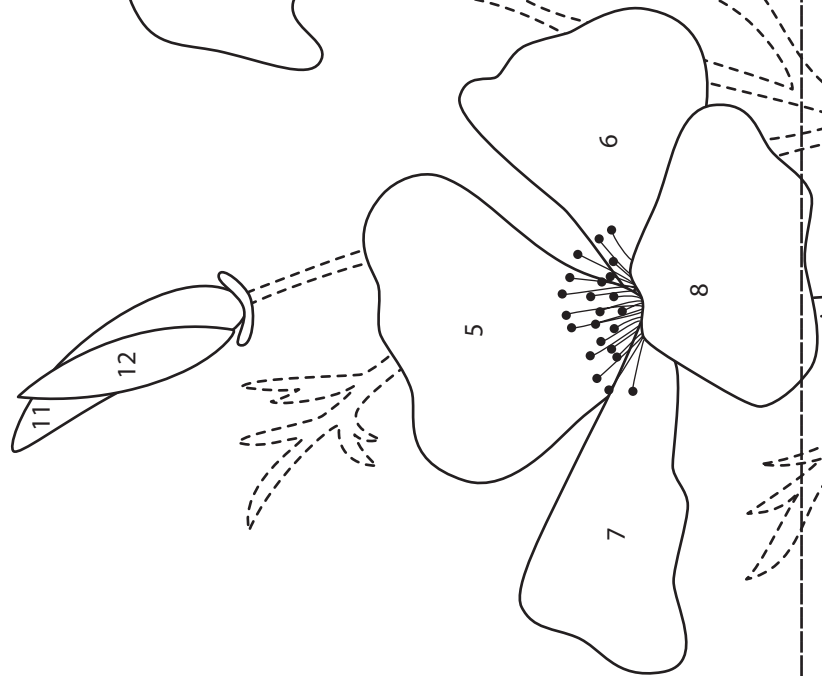
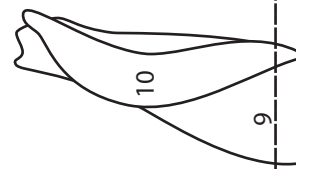
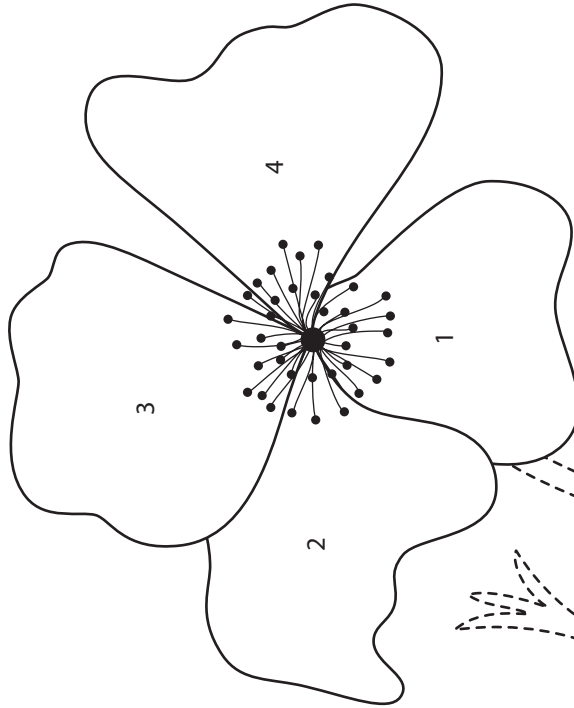
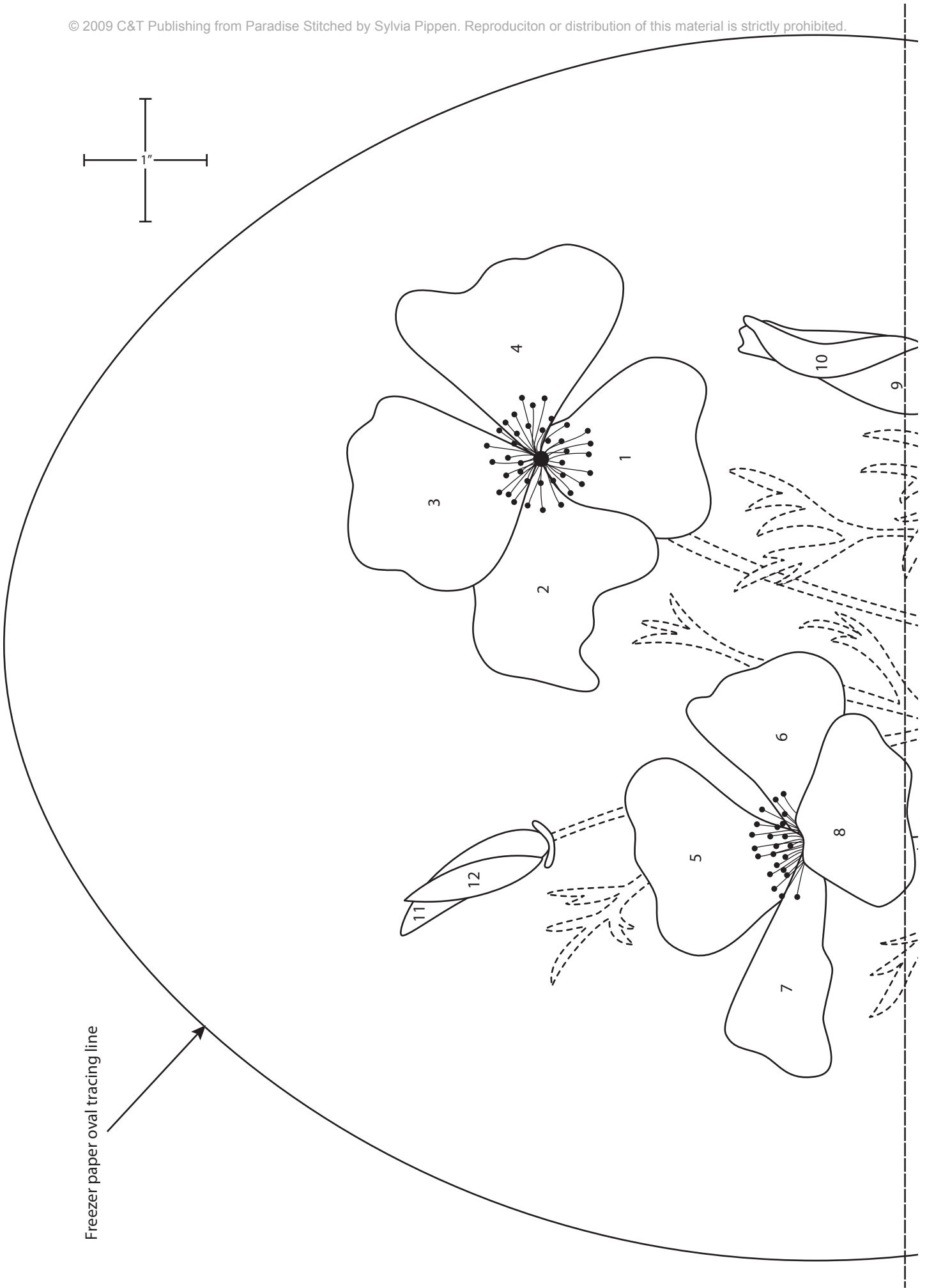
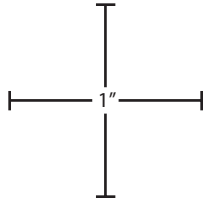
California Poppies Petals and Buds

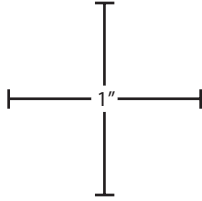
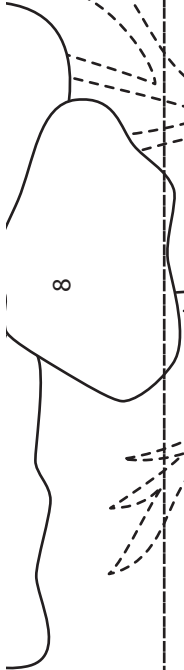
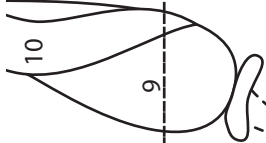


Use ruler to measure these inchmarks to verify that printout is correctly sized.



Poppy Petals





California Poppies Pattern