



**BERNAT®SUPER VALUE
LONG CABLE VEST**

SIZES

Bust measurement

Extra-Small/Small: 28-34 ins [71-86.5 cm]

Medium: 36-38 ins [91.5-96.5 cm]

Large: 40-42 ins [101.5-106.5 cm]

Extra Large: 44-46 ins [112-117 cm]

2/3 Extra-Large: 48-54 ins [122-137 cm]

4/5 Extra-Large: 56-62 ins [142-157.5 cm]

Finished bust

Extra-Small/Small: 38 ins [96.5 cm]

Medium: 42 ins [106.5 cm]

Large: 45 ins [114.5 cm]

Extra Large: 49 ins [124.5 cm]

2/3 Extra-Large: 57 ins [144.5 cm]

4/5 Extra-Large: 64 ins [162.5 cm]

MATERIALS

Bernat® Super Value (197 g / 7 oz; 389 m / 426 yds)

Sizes: XS/S (M L XL 2/3XL 4/5XL)

6 (7 7 8 8 9) balls

Version A: 53308 (Iris)

Version B: 53531 (Rouge)

Version C: 53435 (Cameo)

Version D: 53521 (Rustic Heather)

Version E: 53222 (Fern)

Sizes 4.5 mm (U.S. 7) and 5 mm (U.S. 8) knitting needles **or size needed to obtain gauge**. Size 4.5 mm (U.S. 7) circular knitting needle 36 ins [90 cm] long for edging. Cable needle. 3 stitch holders. 2 buttons (which will be covered with crochet). Size 4 mm (U.S. G or 6) crochet hook for button covers and loops.

GAUGE

18 sts and 24 rows = 4 ins [10 cm] with larger needles in stocking stitch.

ABBREVIATIONS

www.bernat.com/glossary

C2B = Slip next stitch onto a cable needle and leave at back of work. K1tbl, then P1 from cable needle.

C2F = Slip next stitch onto a cable needle and leave at front of work. P1, then K1tbl from cable needle.

Cr5F = Slip next 2 stitches onto a cable needle and leave at front of work. K2, K1tbl, then K2 from cable needle.

K1tbl = Knit next stitch through back of loop.

K2tog = Knit next 2 stitches together.

M3 = (K1. yo. K1) all in next st.

P3tog = Purl next 3 stitches together.

P1tbl = Purl next stitch through back of loop.

T3B = Slip next stitch onto a cable needle and leave at back of work. K2, then P1 from cable needle.

T3F = Slip next 2 stitches onto a cable needle and leave at front of work. P1, then K2 from cable needle.

T3BK = Slip next stitch onto a cable needle and leave at back of work. K2, then K1tbl from cable needle.

T3FK = Slip next 2 stitches onto a cable needle and leave at front of work. K1tbl, then K2 from cable needle.

Tw2R = Knit into front of 2nd stitch on left hand needle without slipping stitch off needle, then knit into front of first st and slip both stitches off needle together.

Yo = Yarn over.

INSTRUCTIONS

The instructions are written for smallest size. If changes are necessary for larger sizes the instructions will be written thus ().

DIAMOND PANEL (worked over 21 sts).

(see chart)

1st row: (RS). P8. Cr5F. P8.

2nd row: K8. P2. P1tbl. P2. K8.

3rd row: P7. T3B. K1tbl. T3F. P7.

4th row: K7. P2. K1. P1tbl. K1. P2. K7.

5th row: P6. T3B. P1. K1tbl. P1. T3F. P6.

6th row: K6. P2. K2. P1tbl. K2. P2. K6.

7th row: P5. T3B. P2. K1tbl. P2. T3F. P5.

8th row: K5. P2. K3. P1tbl. K3. P2. K5.

9th row: P4. T3BK. P3. K1tbl. P3. T3FK. P4.

10th row: K4. P2. (P1tbl. K3) twice. P1tbl. P2. K4.

11th row: P3. T3B. C2F. P2. K1tbl. P2. C2B. T3F. P3.

12th row: K3. P2. (K2. P1tbl) 3 times. K2. P2. K3.

13th row: P2. T3B. P2. C2F. P1. K1tbl. P1. C2B. P2. T3F. P2.

14th row: K2. P2. K4. (P1tbl. K1) twice. P1tbl. K4. P2. K2.

15th row: P1. T3B. P4. C2F. K1tbl. C2B. P4. T3F. P1.

16th row: K1. P2. K6. (P1tbl) 3 times. K6. P2. K1.

17th row: P1. T3F. P4. C2B. K1tbl. C2F. P4. T3B. P1.

18th row: As 14th row.

19th row: P2. T3F. P2. C2B. P1. K1tbl. P1. C2F. P2.

T3B. P2.

20th row: As 12th row.

21st row: P3. T3F. C2B. P2. K1tbl. P2. C2F. T3B. P3.

22nd row: As 10th row.

23rd row: P4. T3F. P3. K1tbl. P3. T3B. P4.

24th row: As 8th row.

25th row: P5. T3F. P2. K1tbl. P2. T3B. P5.

26th row: As 6th row.

27th row: P6. T3F. P1. K1tbl. P1. T3B. P6.

28th row: As 4th row.

29th row: P7. T3F. K1tbl. T3B. P7.

30th row: As 2nd row.

These 30 rows form Diamond Panel Pat.

BACK

With larger needles, cast on 107 (115-123-139-155-171) sts.

1st row: (RS). *KB1tbl. P1. Rep from * to last st. K1tbl.

2nd row: *P1tbl. K1. Rep from * to last st. P1tbl. Rep last 2 rows Twisted Ribbing for 2H ins [6 cm], ending on a 2nd row and inc 1 st in center of last row. 108 (116-124-140-156-172) sts.

Proceed in pat as follows:

1st row: (RS). (K1. P1) 6 (8-10-14-18-22) times. K1. P2. Tw2R. Work 1st row Diamond Panel Pat. Tw2R. P28. Tw2R. Work 1st row Diamond Panel Pat. Tw2R. P2. (K1. P1) 6 (8-10-14-18-22) times. K1.

2nd row: (P1. K1) 6 (8-10-14-18-22) times. P1. K2. P2. Work 2nd row Diamond Panel pat. P2. K2. (M3. P3tog) 6 times. K2. P2. Work 2nd row Diamond Panel Pat. P2. K2. (P1. K1) 6 (8-10-14-18-22) times. P1.

3rd row: (P1. K1) 6 (8-10-14-18-22) times. P3. Tw2R. Work 3rd row Diamond Panel Pat. Tw2R. P28. Tw2R. Work 3rd row Diamond Panel Pat. Tw2R. P3. (K1. P1) 6 (8-10-14-18-22) times.

4th row: (K1. P1) 6 (8-10-14-18-22) times. K3. P2. Work 4th row Diamond Panel Pat. P2. K2. (P3tog. M3) 6 times. K2. P2. Work 4th row Diamond Panel Pat. P2. K3. (P1. K1) 6 (8-10-14-18-22) times.

These 4 rows form Irish Moss St Pat at sides and Trinity St Pat at center. Diamond Panel Pats are now in position.

Cont in pat until work from beg measures 4 ins [10 cm], ending with a WS row.

Shape sides: Keeping cont of pat, dec 1 st at each end of next row and every following 10th (8th-12th-8th-8th-8th) row until there are 92 (104-110-120-144-160) sts.

Sizes M, 2/3XL and 4/5XL only: Dec 1 st at each end of every following 10th row until (98-138-154) sts rem.

All sizes: Cont even in pat until work from beg measures 23 (23-22H-22-22-21½) ins [58.5 (58.5-

57-56-56-54.5) cm], ending with a WS row.

Shape sleeves: Inc 1 st at each end of next 2 rows, then cast on 3 sts beg next 2 rows, taking inc sts into Irish Moss St Pat. 102 (108-120-130-148-164) sts. Place a marker at each end of last cast on row.

Cont even in pat until work from markers measures 8H (9-9-9½-9½-10) ins [21.5 (23-23-24-24-25.5) cm], ending with a WS row.

Shape shoulders: Keeping cont of pat, cast off 11 (12-14-16-18-21) sts beg next 4 rows, then 12 (13-14-15-19-21) sts beg following 2 rows. Leave rem 34 (34-36-36-38-38) sts on a st holder.

LEFT FRONT

**With larger needles cast on 53 (57-61-69-77-85) sts.

Work 2H ins [6 cm] in Twisted Ribbing as given for Back, ending on a 2nd row and inc 2 sts evenly across last row. 55 (59-63-71-79-87) sts.**

Proceed in pat as follows:

1st row: (RS). (K1. P1) 6 (8-10-14-18-22) times. K1. P2. Tw2R. Work 1st row Diamond Panel Pat. Tw2R. P15.

2nd row: K1. (M3. P3tog) 3 times. K2. P2. Work 2nd row Diamond Panel Pat. P2. K2. (P1. K1) 6 (8-10-14-18-22) times. P1.

3rd row: (P1. K1) 6 (8-10-14-18-22) times. P3. Tw2R. Work 3rd row Diamond Panel Pat. Tw2R. P15.

4th row: K1. (P3tog. M3) 3 times. K2. P2. Work 4th row Diamond Panel Pat. P2. K3. (P1. K1) 6 (8-10-14-18-22) times.

These 4 rows form Irish Moss St Pat at side edge and Trinity St Pat at center edge. Diamond Panel Pat is now in position.

Cont in pat until work from beg measures 4 ins [10 cm], ending with a WS row.

Shape side: Keeping cont of pat, dec 1 st at beg of next row and every following 10th (8th-12th-8th-8th-8th) row until there are 47 (53-56-61-73-81) sts.

Sizes M, 2/3XL and 4/5XL only: Dec 1 st at beg of every following 10th row from previous dec until (50-70-78) sts rem.

All sizes: Cont even in pat until work from beg measures 23 (23-22H-22-22-21½) ins [58.5 (58.5-57-56-56-54.5) cm], ending with a WS row.

Shape sleeves: Inc 1 st at side edge only of next 2 rows, then cast on 3 sts at beg of next row, taking inc sts into Irish Moss St Pat. 52 (55-61-66-75-83) sts. Place a marker at beg of last cast on row.

Cont even in pat until work from marker measures 5 (5½-5H-6-6-6½) ins [12.5 (14-14-15-15-16.5) cm], ending with a WS row.

Shape neck: Next row: (RS). Pat to last 8 (8-10-10-10) sts (neck edge). **Turn.** Leave rem 8 (8-10-10-10) sts on a st holder.

Keeping cont of pat, dec 1 st at neck edge on next 6 (6-6-4-6-6) rows, then on every following alt row until 34 (37-42-47-55-63) sts rem.

Cont even in pat until work from marker measures 8H (9-9-9½-9H-10) ins [21.5 (23-23-24.5-24.5-25.5) cm], ending with a WS row.

Shape shoulder: Keeping cont of Pat, cast off 11 (12-14-16-18-21) sts beg next and following alt row. Work 1 row even in pat. Cast off rem 12 (13-14-15-19-21) sts.

RIGHT FRONT

Work from ** to ** as given for Left Front.

Proceed in pat as follows:

1st row: (RS). P15. Tw2R. Work 1st row Diamond Panel Pat. Tw2R. P2. (K1. P1) 6 (8-10-14-18-22) times. K1.

2nd row: (P1. K1) 6 (8-10-14-18-22) times. P1. K2. P2. Work 2nd row Diamond Panel Pat. P2. K2. (M3. P3tog) 3 times. K1.

3rd row: P15. Tw2R. Work 3rd row Diamond Panel Pat. Tw2R. P3. (K1. P1) 6 (8-10-14-18-22) times.

4th row: (K1. P1) 6 (8-10-14-18-22) times. K3. P2. Work 4th row Diamond Panel Pat. P2. K2. (P3tog. M3) 3 times. K1.

These 4 rows form Irish Moss St Pat at side edge and Trinity St Pat at center edge. Diamond Panel Pat is now in position.

Cont in pat until work from beg measures 4 ins [10 cm], ending with a WS row.

Shape side: Keeping cont of pat, dec 1 st at end of next row and every following 10th (8th-12th-8th-8th-8th) row until there are 47 (53-56-61-73-81) sts.

Sizes M, 2/3XL and 4/5XL only: Dec 1 st at end of every following 10th row until (50-70-78) sts rem.

All sizes: Cont even in pat until work from beg measures 23 (23-22H-22-22-21½) ins [58.5 (58.5-57-56-56-54.5) cm], ending with a WS row.

Shape sleeves: Inc 1 st at side edge only of next 2 rows. Work 1 row even in pat, then cast on 3 sts at beg of next WS row, taking inc sts into Irish Moss St Pat. 52 (55-61-66-75-83) sts. Place a marker at beg of last cast on row.

Cont even in pat until work from marker measures

5 (5½-5½-6-6-6½) ins [12.5 (14-14-15-15-16.5) cm], ending with a WS row.

Shape neck: Next row: (RS). Slip first 8 (8-10-10-10) sts onto a st holder (neck edge). Rejoin yarn to rem sts and pat to end of row.

Keeping cont of pat, dec 1 st at neck edge on next 6 (6-6-4-6-6) rows, then on every following alt row until 34 (37-42-47-55-63) sts rem.

Cont even in pat until work from marker measures 8H (9-9-9½-9H-10) ins [21.5 (23-23-24.5-24.5-25.5) cm], ending with a RS row.

Shape shoulder: Keeping cont of pat, cast off 11 (12-14-16-18-21) sts beg next and following alt row. Work 1 row even in pat. Cast off rem 12 (13-14-15-19-21) sts.

FINISHING

Pin garment pieces to measurements and cover with a damp cloth, leaving cloth to dry. Sew shoulder seams.

Neckband: With RS facing and smaller needles, K8 (8-10-10-10-10) from right front st holder, pick up and knit 23 sts up right front neck edge, K34 (34-36-36-38-38) from back st holder, dec 1 st at center, pick up and knit 23 sts down left front neck edge, K8 (8-10-10-10-10) from left front st holder. 95 (95-101-101-103-103) sts.

Beg and ending on a 2nd row, work 1G ins [3 cm] in Twisted Ribbing as given for Back. Cast off in ribbing.

Front edging: With RS facing and circular needle, pick up and knit 131 sts evenly up right front edge, beg at cast on edge and ending at cast off edge of neckband. Knit 2 rows. Cast off knitwise (WS). Rep on left front edge beg at cast off edge of neckband and ending at cast on edge.

Armbands: With RS facing and smaller needles, pick up and knit 75 (81-81-85-85-89) sts evenly across sleeve edge.

Beg and ending on a 2nd row, work 1G ins [3 cm] in Twisted Ribbing as given for Back. Cast off in ribbing. Sew side and armband seams.

Button Covers (make 2).

With crochet hook, ch 2.

1st rnd: 6 sc in 2nd ch from hook. Join with sl st to first sc.

2nd rnd: Ch 1. 2 sc in each sc around. Join with sl st to first sc. 12 sc.

3rd rnd: Ch 1. 1 sc in each sc around. Join with sl st to first sc.

4th rnd: Ch 1. (Draw up a loop in each of next 2 sc.

Yoh and draw through all loops on hook – sc2tog made) 6 times. Join with sl st to first sc. Fasten off.

Insert purchased button into button cover. Secure button cover over button.

Button loops: With crochet hook, ch 12. Fasten off.

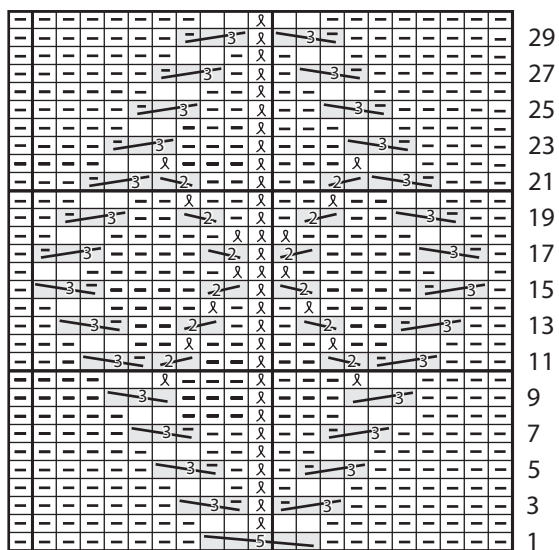
Fold loop in half and sew to Right Front, having top loop 1/2 ins [1.5 cm] down from top edge and second loop 2 ins [5 cm] down from first loop.

Sew buttons to correspond to buttonloops.













P.O. Box 40, Listowel ON N4W 3H3
 "home style... life style... your style."

Chart



Key

-  = Knit on RS rows, Purl on WS rows
-  = Purl on RS rows, Knit on WS rows
-  = C2F
-  = C2B
-  = T3F
-  = T3B
-  = K1tbl on RS rows, P1tbl on WS rows
-  = Cr5F
-  = T3FK
-  = T3BK